

より効果的に

A photograph of three young women standing in a bright, minimalist room with white walls and a light-colored floor. The woman on the left is wearing a light gray sleeveless top and is smiling while holding a black smartphone to her ear. The woman in the center is wearing a red sleeveless top and has a white towel draped around her neck; she is smiling and looking towards the woman on the right. The woman on the right is wearing a light green t-shirt and dark shorts, smiling and adjusting her hair with her right hand. The overall atmosphere is cheerful and casual.

- ・何回でもご参加いただけますが、満員の場合は参加をお断りする場合がございます。

[illegible]