

# 2024年 9-11月 ヨガスクールカレンダー

## 担当インストラクター

**Mon**  
**12:00-13:00**  
**斎藤 奈芳美**



**Wed**  
**18:30-19:30**  
**吉川 峰子**



月会費3,300円/月3回

体験料1500円/回

9 September

2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	YOGA	3	YOGA	5	6	7
8	YOGA	10	YOGA	12	13	14
15	16	17	18	19	20	21
22	23	24	YOGA	26	27	28
29	YOGA	1	2	3	4	5

スポーツクラブアクトスWill\_G町屋

☎0776-24-2001

10 October

2024

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	1	2	3	4	5
6	YOGA	8	YOGA	10	11	12
13	14	15	YOGA	17	18	19
20	YOGA	22	YOGA	24	25	26
27	YOGA	29	30	31	1	2

11 November

2024

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1	2
3	4	5	YOGA	7	8	9
10	YOGA	12	YOGA	14	15	16
17	YOGA	19	YOGA	21	22	23
24	YOGA	26	27	28	29	30

火曜 10:15~11:15 (赤井俊)  
 水曜 14:00~15:00 (赤井俊)  
 水曜 20:00~21:00 (赤井俊)  
 金曜 20:00~21:00 (糸田・江口)

## 3 March

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## 4 April

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## 5 May

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## 6 June

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## 7 July

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## 8 August

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## 9 September

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## 10 October

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## 11 November

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## 12 December

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				